

### **STRATOS SERIES**

# 3D-DXA: EMPOWERING EXPERTS WITH ACCURATE DIAGNOSIS AND SEAMLESS TREATMENT FOLLOW-UP



Optimise patient care with **individualised**, **targetted** treatment plans and **evidence-based** decision making using 3D-DXA technology:

- **Unique technology** that analyzes the bone in 3D from a standard femur DXA scan without additional radiation
- New dedicated clinical parameters and reference curves to measure and separately monitor cortical bone and trabecular bone:
- → Cortical surface BMD
- → Trabecular volumetric BMD
- → Integral volumetric BMD
- **More than 200 studies** worldwide highlighting the clinical benefits of using 3D bone parameters in daily clinical use.
- Identify local fragilities, prescribe targetted treatments and effectively monitor change in bone health over time

#### BONE DENSITOMETRY: MADE IN FRANCE INNOVATION



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## **CLINICAL CASE**

AN EARLY POST-MENOPAUSAL WOMAN WAS REFERRED TO THE CLINIC FOR A ROUTINE BONE ASSESSMENT.



#### PATIENT PROFILE

History:

Age: 51

BMI: 20 kg/m²

Menopause age: 49

No history of disease or pathology

Clinical Assessment:

Colles fracture 10 years ago

Smoking: 15/day

Alcohol : normal consumption

Dietary calcium intake: 600 mg/day



#### **INITIAL EVALUATION**

Initial evaluation was performed using DXA exam. **No treatment** was prescribed following the results.

Total Hip T-Score: -2.3

Osteopenia

FRAX results:

Probability of osteoporotic fracture: 6.7 %

Probability of hip fracture: 3.6 %



#### A HIP FRACTURE HAPPENED 5 YEARS LATER

A retrospective analysis was performed, processing the previous DXA exams using 3D-DXA technology. 3D analysis showed **low Trabecular density.** 

Cortical sBMD:

T-Score: -1.7 Z-Score: -1.2

Trabecular vBMD:

T-Score: -2.9 Z-Score: -2



#### **CASE STUDIES**

3D-DXA has been proven to effectively differentiate the effects of various treatments and **provide a clear rationale** for clinicians when initiating, monitoring and modifying treatment plans.

Case studies\* conducted worldwide highlighted that **Trabecular vBMD of the femur is the best predictor of fracture.** 

\*Cortical and trabecular bone of patients with prevalent major osteoporotic fracture : a case-control study using DXA-based 3D modelling - R. Winzenrieth, L. Humbert, E. Leib - 2018

#### **CONCLUSION:**

If 3D-DXA had been included in the initial bone assessment, it would have been possible to:

- Indicate an increased risk of fracture linked to low trabecular bone density
- Support a medical decision to initiate a pharmacological treatment, before it's too late
- Provide clear indication to continue, modify or cease treatment

### 3D-DXA can help to predict fracture and better manage "high-risk" patients, in particular:

- Osteopenic patients
- Secondary osteoporosis (Hyper parathyriodism, CKD, Glococorticoids, Cancer, ...)